

## North Sound Behavioral Health Administrative Services Organization

## **Board of Directors**

**Hybrid** Meeting Agenda

February 9th, 2023

**Board of Directors Members Present in Person:** 

**Members Present via Zoom:** 

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

#### **Guests Present:**

- 1. Call to Order and Introductions Chair
- 2. Revisions to the Agenda Chair
- 3. Approval of the January 12th, 2023, Minutes, Motion #23-08 Chair.. Attachment
- 4. Comments & Announcements from the Chair
- 5. Reports from Members
- 6. Comments from the Public
- 7. Diversity, Racial Equity, and Inclusion (DREI) Workgroup Update/Strategic Plan
- o Michelle Osborne ......Attachment
- 8. Regional Navigator Program (RNP) Update: James Dixon
- o Recovery Navigator Program (RNP) | North Sound BH-ASO (nsbhaso.org)
- Washington 2-1-1 | Search (wa211.org)
- 9. Report from the Advisory Board (Available at Meeting) ....... Attachment
- **10. Report from the Finance Officer** (Available at Meeting) ...... Attachment
- 11. Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda (Available at Meeting) ......Attachment

#### Motion #23-09

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from January 1st, 2023, through January 31<sup>st</sup>, 2023, in the amount of \$.
- Payroll for the month of January in the amount of \$\\$ and associated employer benefits in the amount of \$\\$.

#### 12. Action Items

## For Board Approval

#### Personnel

#### **Summary:**

At the December Board of Directors meeting a 5% COLA was approved for employees as part of the annual administrative budget. The Executive Director position serves at the will of the Board which requires a separate motion to approve the 5% COLA for the position.

#### Motion #23-10

Approve a 5% COLA for the Executive Director position with an effective date of January 1, 2023.

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#### **Summary:**

Vote for Chair and Vice Chair

Nominations received as of 2/3/2023 were for Peter Browning (Chair) and Barry Buchanan (Vice Chair)

#### Motion #23-11

Approve Peter Browning as Chair and Barry Buchanan as Vice-Chair of the Board of Directors for 2023

#### 14. Adjourn

Next Meeting: March 9th, 2023

## North Sound Behavioral Health Administrative Services Organization

## **Board of Directors**

**Meeting Minutes** 

January 12th, 2023

## **Board of Directors Members Present in Person:**

- Peter Browning, Commissioner;
   Skagit County, Board Chair
- George Kosovich, Public Health, designated alternate for Peter Browning, Commissioner; Skagit County
- Cammy Hart-Anderson, Human Services, designated alternate for Dave Somers; County Executive, Snohomish County

#### **Members Present via Zoom:**

- o **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- Perry Mowery, Behavioral Health Supervisor, designated alternate for Satpal Sidhu, County Executive; Whatcom County
- o **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Chair
- Nicole Gorle, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, County Council
- Darcy Cheeseman, Legislative Aid to Council Member, Sam Low, Snohomish County
- o **Lynda Austin**, Human Services, Island County; designated alternate for Jill Johnson, Commissioner
- o **Barbara LaBrash**, Human Services Manager, San Juan County, designated alternate for Cindy Wolf and newly appointed Jane Fuller

## North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- Joe Valentine, Executive Director, North Sound BH-ASO
- Darrell Heiner, Senior Accountant, North Sound BH-ASO
- Margaret Rojas, Assistant Executive Director, North Sound BH-ASO

 Joanie Wenzl, Clerk of the Board, North Sound BH-ASO

#### **Guests Present:**

- Erik Pederson; Chief Civil Deputy Prosecutor, Skagit County
- o Joy Borkholder; Everett Herald

#### **Guest Presenters:**

- o Ryan Stattenfield; Percival
- o Alyssa Kenney; Percival
- o Deena Garza; Auditor
- o Jordan Helms; Auditor
- o Michelle Osborne; DREI
- o Nora Karena; DREI
- o Toni Belcher; DREI

#### Call to Order and Introductions - Chair

o Board Members, Guests, and ASO Staff Introductions

Recently, there has been new staff at the ASO and new board members.

The Chair initiated introductions of the ASO staff that had joined the meeting. They each introduced themselves and announced their job descriptions to the Board members.

The Board members and guests were also introduced.

## Revisions to the Agenda - Chair

The Chair asked if there were revisions to the agenda, there were none

## Approval of the December 8th, 2022, Minutes, Motion #23-01

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #23-01 carried

## **Auditor's Report/Presentation**

- o Deena Garza
- o Jordan Helms

https://www.nsbhaso.org/who-we-are/boards-and-committees/board-of-directors/Auditor's%20Report.NSBHESO FY201 Exit.pdf

Jordan Helms and Deena Garza gave the ASO's Audit report via a PowerPoint presentation and answered questions from Board members

#### Diversity, Racial Equity, and Inclusion (DREI)

o Michelle Osborne, Nora Karena, Toni Belcher

Michelle Osborne gave a brief PowerPoint to the Board members regarding the ASO's past year of work on diversity, racial equity, and inclusion. Michelle answered questions from members

#### **Behavioral Health Needs Assessment Update:** Percival 2:15 p.m.

Ryan Stattenfield, Sam Sears, Alyssa Kenney
 <u>https://www.nsbhaso.org/news-and-events/north-sound-bhaso-assessment/North%20Sound%20BH-ASO%20Assessment.pdf</u>

Ryan Stattenfield gave a presentation on the Behavioral Health Needs Assessment that Percival performed for the North Sound region. A question-and-answer session followed, as well as the next steps that will take place which will include the North Sound County Coordinators and Advisory Board participants

#### **Comments & Announcements from the Chair**

There were no comments or announcements from the Chair

## **Reports from Members**

Members gave updates on the behavioral health happenings in their respective counties

#### **Comments from the Public**

There were no comments from the public

#### **Report from the Advisory Board**

Pat O'Maley Lanphear, Advisory Board Chair, gave the report from the Advisory Board which included the current open seats on the Advisory Board

#### **Report from the Finance Officer**

Joe Valentine and Darrell Heiner gave the report from the Finance Officer and answered questions

#### **Report from the Governance Operations Committee**

The Chair noted that the G&O Committee spoke about the Chair and Vice Chair openings for 2023. He added that nominations are being taken. He nominated himself for chair and Barry Buchanan nominated himself for the role of Vice Chair.

No nominations were received during the meeting, and the Chair added that nominations could be emailed to the Clerk of the Board, as a vote will take place during the February meeting.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.

#### **Consent Agenda**

#### Motion #23-02

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from December 1<sup>st</sup>, 2022, through December 31st, in the amount of \$1,826,305.51.
- Payroll for the month of December in the amount of \$170,545.14 and associated employer benefits in the amount of \$72,969.37.

Cammy Hart-Anderson moved the motion for approval, Nicole Gorle seconded, all were in favor, motion #23-02 carried

## For Board Approval

## **Health Care Authority (HCA)**

## **Summary**

## **Projects for Assistance in Transition from Homelessness (PATH)**

- This is a renewal of the PATH contract, it is on the federal fiscal cycle, September through September. The program is in Snohomish County administered by Bridgeways.
- The second contract is the Bridgeways contract for PATH services.

#### Motion #23-04

 HCA-North Sound BH-ASO-PATH-K6319 for the provision of PATH services in Snohomish County. The annual amount for this contract is \$219,026 with a term of September 23, 2022, through September 29, 2023.

#### Motion #23-05

North Sound BH-ASO-Bridgeways-PATH-22-23 for the provision of PATH services in Snohomish County. The annual amount for this contract is \$219,026 with a term of September 29, 2022, through September 30, 2023.

Cindy Wolf moved motions #23-04 and #23-05 for approval, Perry Mowery seconded. All were in favor, motions #23-04 and #23-05 carried

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## <u>Peer Path Finder Homeless Outreach</u> Summary

- This is a renewal of the Peer Path Finder contract, it is on the federal fiscal cycle, September through September. The program operates in Skagit and Whatcom Counties administered by Lifeline Connections.
- The Lifeline Connections contract was approved in December 2022.

#### Motion #23-06

• HCA-North Sound BH-ASO-K6453 for the provision of Peer Pathfinder services in Skagit and Whatcom counties. The annual amount is \$117,207 with a term of September 30, 2022, through September 29, 2023.

Cindy Wolf moved the motion for approval, Perry Mowery seconded the motion, all in favor, motion #23-06 carried

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# North Sound County Authorities Operating Agreement Summary

 At the Board of Directors direction, we reached out to our Attorney Philip Buri to update Article VII paragraph 7.7 to allow for continued virtual meeting and voting by Board members or their delegates. This change is in accordance with the Public Meetings Act.

#### Motion #23-07

• To move the North Sound County Authorities Operating Agreement Amendment to the respective elected Councils and/or Commissions in Island, San Juan, Skagit, Snohomish, and Whatcom Counties for approval.

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded the motion, all were favor, motion #23-07 carried

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#### **Report from the Executive Director**

Joe Valentine referenced the Executive Directors Report and attachments that were included in board members packets.

The topics included:

- o GOVERNOR INSLEE'S 2023-2025 RECOMMENDED BUDGET BEHAVIORAL HEALTH
- WORKFORCE TRAINING AND EDUCATION BOARD: BEHAVIORAL HEALTH WORKFORCE 2022 REPORT
- o NORTH SOUND BEHAVIORAL HEALTH NEEDS ASSESSMENT
- LEGISLATIVE UPDATE
- o UPDATE ON HOMELESS OUTREACH STABILIZATION TEAM [HOST]
- o CRISIS SERVICES UPDATE
- NEW NORTH SOUND BH-ASO STAFF PERSON: ASSISTED OUTPATIENT TREATMENT COORDINATOR
- END OF STATE COVID EMERGENCY ORDER

Adjourn: 3:04 p.m.

Next Meeting: February 9th, 2023

## North Sound BH ASO Executive Director's Report February 7, 2023

#### 1. LEGISLATIVE UPDATE

Bills being watched:

Bill	Title	Status
HB 1134	Implementation of the 988 behavioral	House Health Care & Wellness –
	health crisis response system	February 3 Executive Session
SB 5120	23-hour crisis relief centers	Senate Committee on Health &
		Long Term Care – Passed January
		26- referred to Ways & Means
SB 5130	Assisted Outpatient Treatment	Passed to Senate Rules Committee
		on January 20
<u>HTM</u>	Contracting and procurement	House Health Care and Wellness –
House	requirements for behavioral health	public hearing - February 3
Bill 1515	services in medical assistance	
	programs [including network	
	adequacy]	

• **HB 1515** includes detailed requirements to be included in the next procurement for MCOs – including requirements for network adequacy. Jill Johnson is one of the county commissioners who testified in support of the bill.

#### Legislative Calendar:

- February 17 Policy committee cutoff house of origin
- February 24 Fiscal committee cutoff house of origin
- March 8 Floor cutoff house of origin
- March 29 Policy committee cutoff opposite house
- April 4 Fiscal committee cutoff opposite house
- April 12 Floor cutoff opposite house
- April 23 Sine Die

#### 2. BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL

- The Behavioral Health Services Coordinating Council [BHSCC] created two sub-groups to develop recommendations on how to improve network adequacy and access to care.
- One group is working on recommendations on how to "measure" improved access to care, e.g., appointment wait times.
- The other group is looking at how apply state quality improvement efforts to complement efforts to reduce wait time and improve access to care.

- The BHSCC Network Adequacy Workgroup is developing a sub-group to identify the
  data that is available measuring timely access to treatment. They will reach out to
  providers for input.
- The Network Adequacy Workgroup will also be gathering information on the parts of the state that have the most critical gaps in access to services.
- The **full BHSCC** held its quarterly meeting on January 30 and received a presentation on the state's new marketing campaign to encourage more persons to pursue careers as behavioral health professionals. As part of this campaign, the state had developed a career marketing "toolkit" that any of us can use to help promote careers in behavioral health. This can be found at: <a href="Explore your behavioral health career opportunities today.">Explore your behavioral health career opportunities today.</a> (startyourpath.org)

#### 3. NORTH SOUND BEHAVIORAL HEALTH NEEDS ASSESSMENT

- The North Sound Behavioral Health Needs Assessment was reviewed by the county coordinators and representative of the Advisory Board on February 3 to develop recommendations for the Board of Directors on next steps.
- Some of the initial themes from this discussion were:
  - ➤ In order to address "capacity" you also have to consider the actual availability of inpatient beds or services this relates to the "network adequacy" discussions.
  - ➤ The need for more supportive housing is just as critical as the need for services advocacy efforts need to consider both.
  - ➤ While its useful to project the need for beds and services in the future, we first have to address current gaps in capacity.
  - ➤ In order to develop more accurate need projections, we need to advocate with the state to share some type of utilization data from the Medicaid data base.
- The links to the full report and the Executive Summary can be found at: <u>North Sound BH-ASO Assessment | North Sound BH-ASO (nsbhaso.org)</u>

#### 4. APPLE HEALTH REDETERMINATIONS

- Beginning April 1, HCA will begin mailing redetermination [renewal] notices to Apple Health recipients with a May renewal date. Approximately 60,00 Apple Health recipients will be required to renew their eligibility. HCA estimated that a10-15% will lose coverage, or 6,000 to 9,000 members. Redeterminations will happen in first 3 months.
- Some of the main reasons people may lose coverage include the fact they are no longer eligible for Medicaid or have moved and not provided their new address. For others, they became eligible for Medicaid during the public health emergency and have never had to fill out forms to continue their eligibility. They may disregard the redetermination letters.

#### 5. CRISIS SERVICES UPDATE

• The Weekly Crisis Capacity Indicator snapshot through is attached [Attachment 1].

# 6. MODIFICATION TO INTERLOCAL AGREEMENT TO ALLOW USE OF HYBRID MEETINGS

• The modification approved by the Board of Directors on January 12 to the BH-ASO North Sound Interlocal agreement allowing for the use of a "hybrid" model for Board meetings has been sent to the county prosecuting attorneys for review and forwarding to their county elected officials.

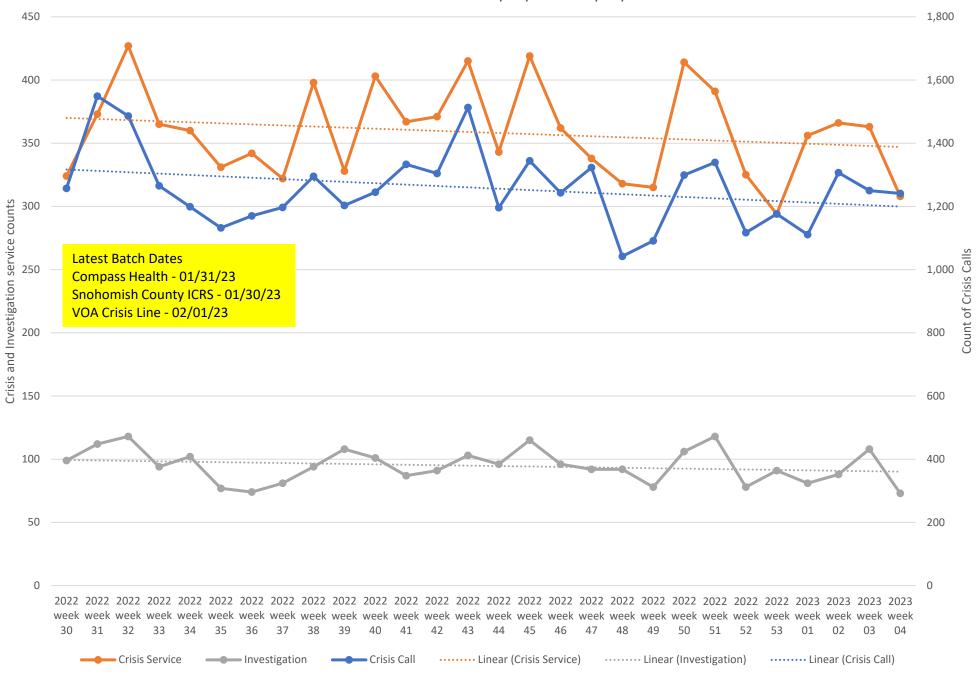


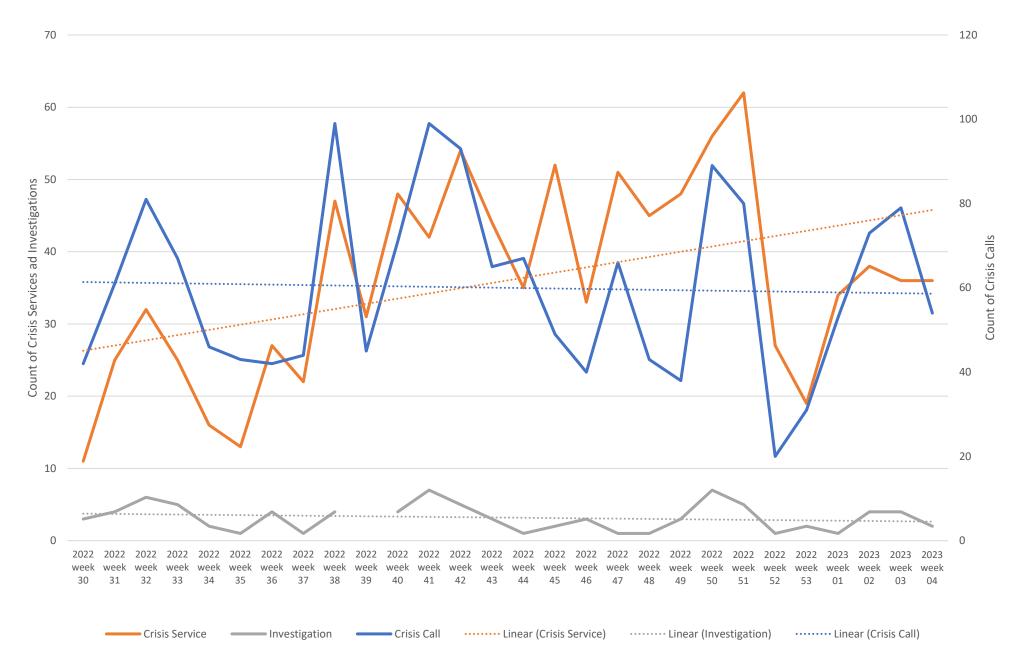


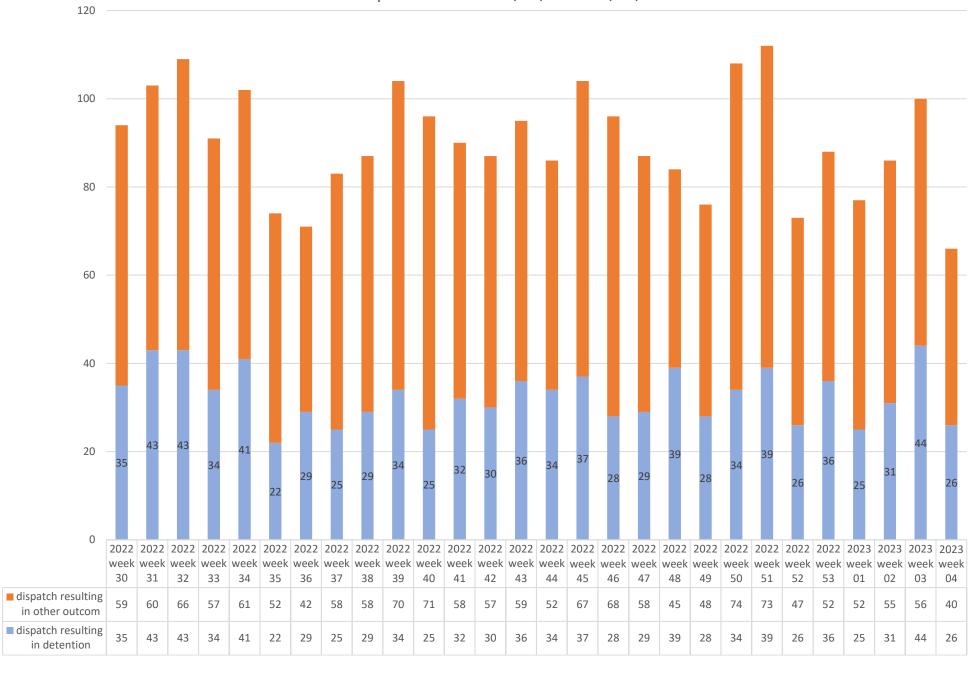
## **Weekly Crisis Capacity Indicator Snapshot**

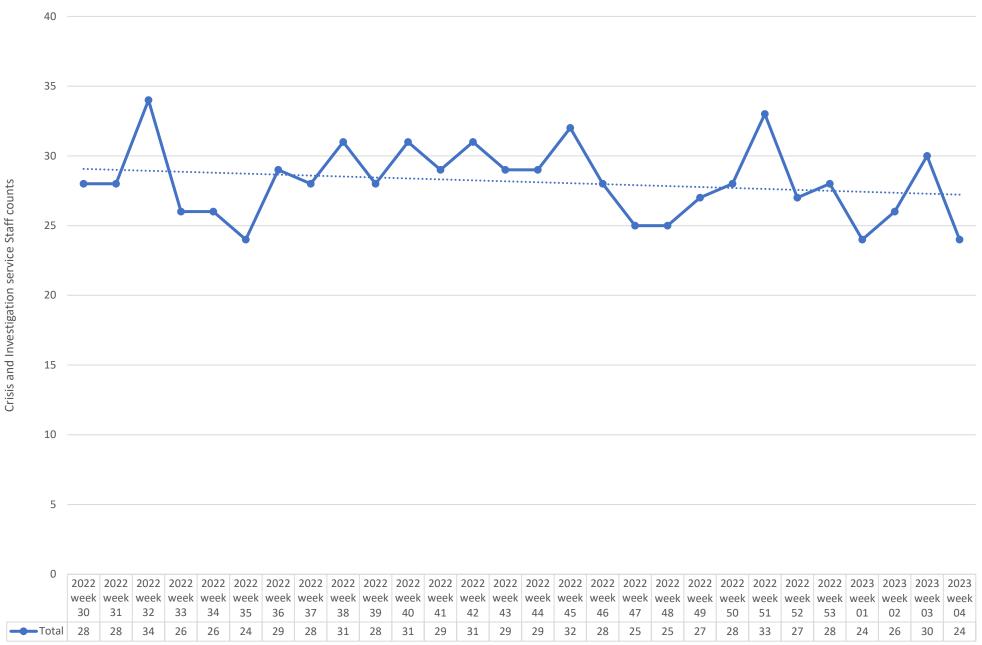
* Weekly Clisis Capacity illulcator shapshot	
Crisis Data - dates 07/17/22 to 01/28/23	
Crisis Data: Ages 0-17 - dates 07/17/22 to 01/28/23	
All DCR Dispatches - dates 07/17/22 to 01/28/23	
Weekly Staff Count - Staff providing Crisis or Investigaion services 07/17/22 to 01/28/23	
Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low	
Telehealth only, crisis and investigation services from 07/17/22 to 01/28/23	
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units	
Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days	
Place of Service -Crisis Services, percent of total by week	
Place of Service -Investigations, percent of total by week	
New COVID-19 Cases Reported Weekly per 100,000 population - 03/16/22 to 02/02/23	
New COVID-19 Deaths Reported Weekly per 1,000,000 population - 03/16/22 to 02/02/23	
Total Hospitalized Adults - COVID-19 (confirmed or supected) 7 day average	
North Sound BH ASO Walkaway Chart 07/17/22 to 01/28/23	

## Crisis Data - dates 07/17/22 to 01/28/23

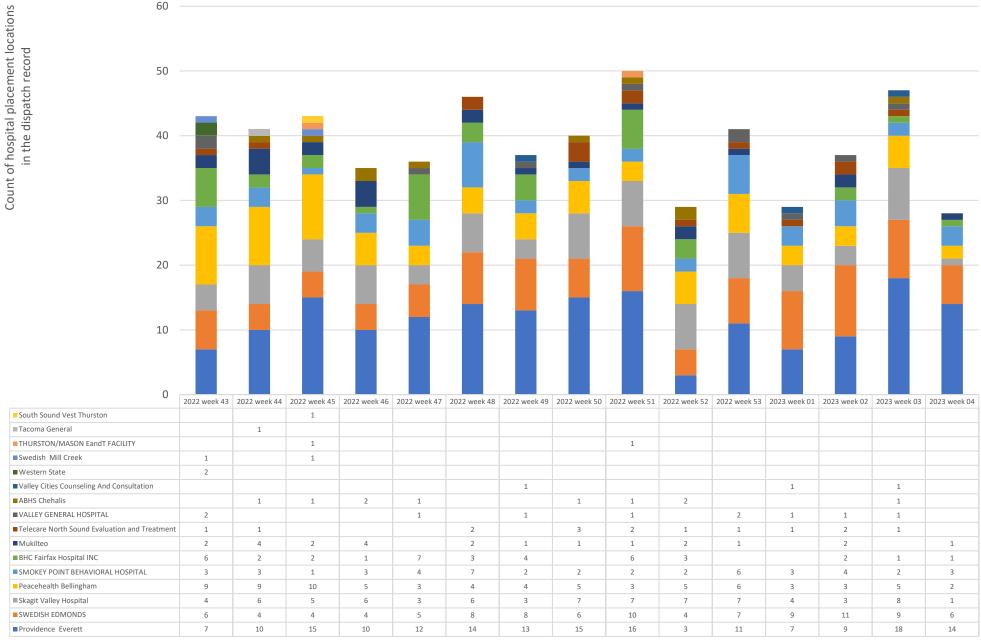


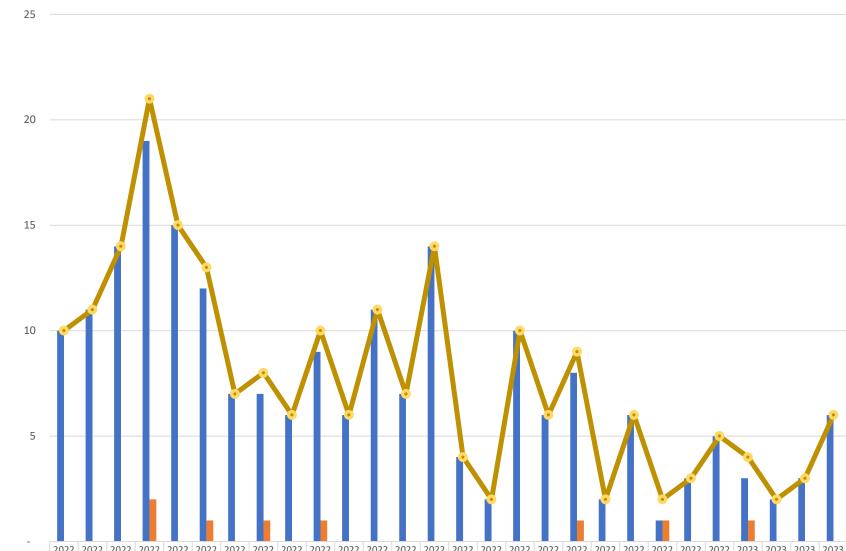


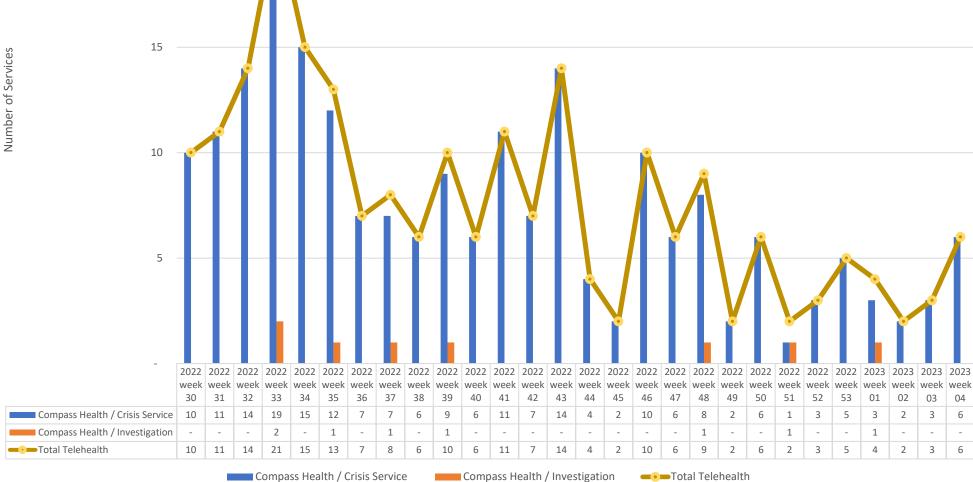


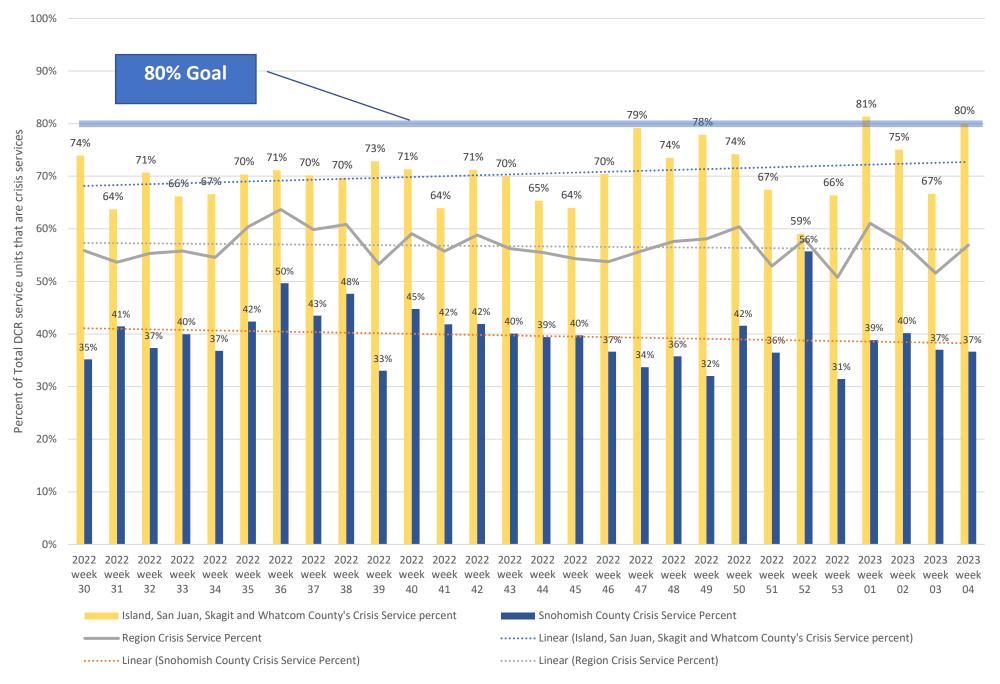


2023 week 04 ending 01/00/00





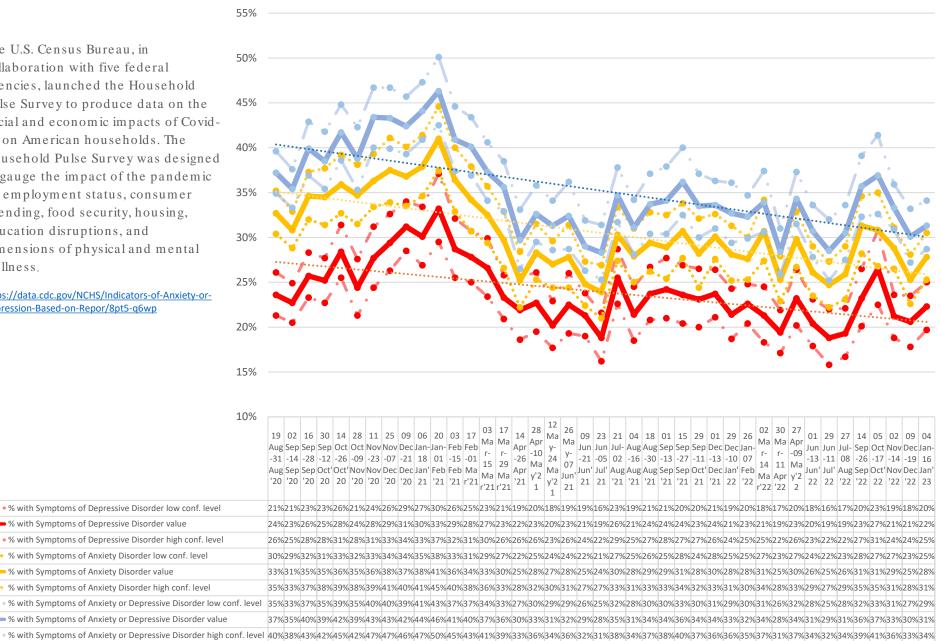




## Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

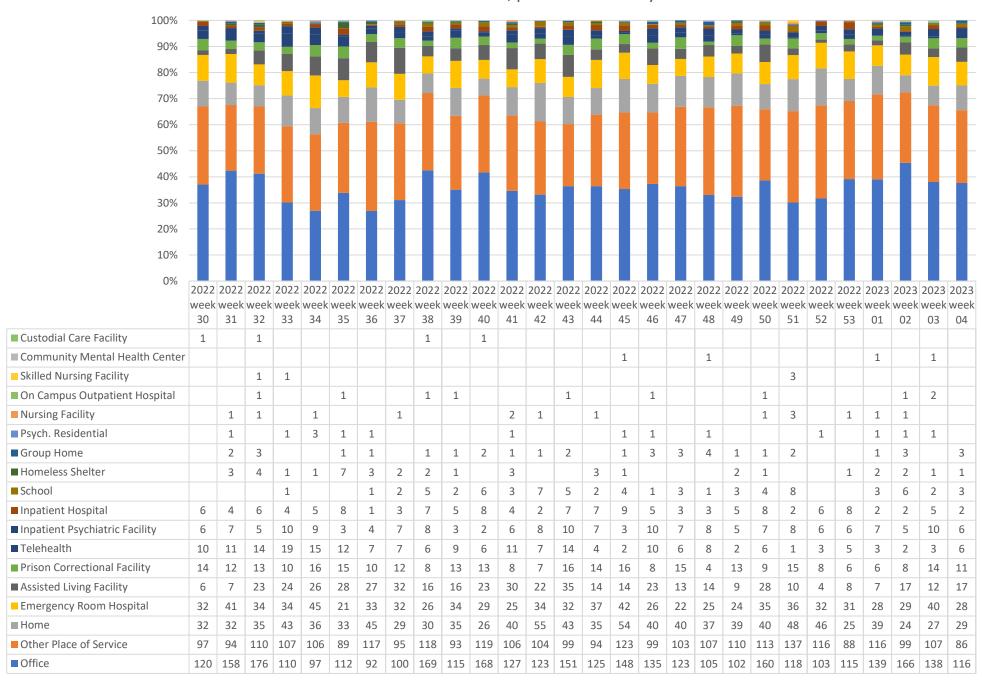
https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Repor/8pt5-q6wp



% with Symptoms of Depressive Disorder value

% with Symptoms of Anxiety Disorder low conf. level % with Symptoms of Anxiety Disorder value • • • • % with Symptoms of Anxiety Disorder high conf. level

## Place of Service - Crisis Services, percent of total by week



## Place of Service -Investigations, percent of total by week

